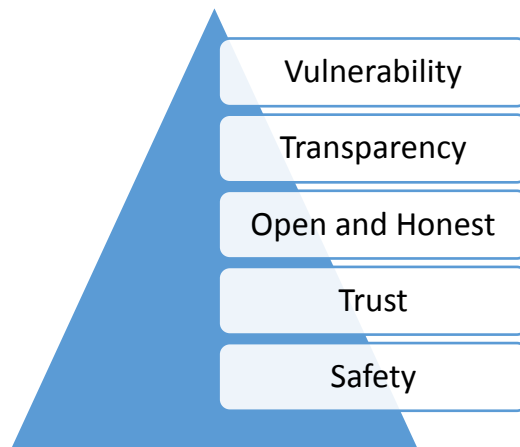


Trust

What is the foundation of trust?

Define safety.

Foundation of Trust



Over a Lifetime...

The average person will spend:

- 23 years sleeping.
- 9 1/2 years in their car.
- 6 years eating.
- 5-15 years in spiritual or religious activity.
- 15-25 years in education/training.
- 35-50 years WORKING.

Reflect over the last year and write down how you have spent your time.
What do you want to spend the next 35 -50 years doing?



Confidence & Success

How would you define **confidence** and why do you think it's important to understand during and after your education?

How would you define **success** and why do you think it's important to understand during and after your education?

Creating a Bigger Future

If we were meeting here **one** year from today, looking over that **one** year what has to happen during that period of time for you to feel good about the progress you have made?

In relation to what you have just described, what are the biggest issues or challenges that need to be resolved for you to achieve that progress?

If the issues or challenges were eliminated what opportunities would be made available to you?

What is the one thing that you believe is holding you back from achieving this success?