ATHH 4200 Acute Trauma and Emergency Care in Athletic Training

NAME: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ SEMESTER/YEAR \_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| # | Name/Description | Observations | Proficiencies |
|  | Obs. 1 | Obs. 2 | Prof  | Comp |
| Professional Rescuer Skills |  |  |  |  |
| 1 | Removal of Gloves |  |  |  |  |
| 2 | Primary/Initial Assessment |  |  |  |  |
| 3 | Rescue Breathing (adult, child, infant) |  |  |  |  |
| 4 | Bag-Valve Mask |  |  |  |  |
| 5 | Conscious Choking (adult, child, infant) |  |  |  |  |
| 6 | Unconscious Choking (adult, child, infant) |  |  |  |  |
| 7 | CPR (adult, child, infant) |  |  |  |  |
| 8 | Two-Rescuer CPR (adult, child, infant) |  |  |  |  |
| 9 | AED (adult, child) |  |  |  |  |
| 10 | Oxygen Administration |  |  |  |  |
| 11 | Inserting and Oral Airway |  |  |  |  |
| 12 | Inserting a Nasal Airway |  |  |  |  |
| 13 | Identification/Treatment of Heart Attack |  |  |  |  |
| 14 | Scenario – Adult |  |  |  |  |
| 15 | Scenario – Child |  |  |  |  |
| Transporting Skills |  |  |  |  |
| 16 | Walking Assist (1 person and 2 person) |  |  |  |  |
| 17 | Two-person Seat Carry |  |  |  |  |
| 18 | Pack-Strap Carry |  |  |  |  |
| 19 | Fire Fighter’s Carry |  |  |  |  |
| 20 | Clothes Drag/Beach Drag |  |  |  |  |
| 21 | Use of Stretchers |  |  |  |  |
| 22 | Use of Wheelchair |  |  |  |  |
| 23 | Crutch Fitting |  |  |  |  |
| 24 | Transporting on a Spine-board |  |  |  |  |
| Splinting & Immobilization Skills |  |  |  |  |
| 25 | Rigid Splint |  |  |  |  |
| 26 | Sling and Binder |  |  |  |  |
| 27 | Anatomic Splint |  |  |  |  |
| 28 | Soft Splint |  |  |  |  |
| 29 | Vacuum Splints (ie. for tibia fx) |  |  |  |  |
| 30 | Air Splint (ie. for forearm fx) |  |  |  |  |
| 31 | SAM splint (i.e. for ankle fx) |  |  |  |  |
| 32 | Immobilize a shoulder dislocation |  |  |  |  |
| 33 | Immobilize a femur fx |  |  |  |  |
| 34 | Immobilize a elbow dislocation |  |  |  |  |
| 35 | Immobilize a jaw fx |  |  |  |  |
| 36 | Immobilize a finger fx/dislocation |  |  |  |  |
| # | Name/Description | Observations | Proficiencies |
| Wound Care Skills | Obs. 1 | Obs. 2 | Prof  | Comp |
| 37 | General Wound Care |  |  |  |  |
| 38 | OSHA Guidelines & Universal Precautions |  |  |  |  |
| 39 | Major open wound on extremity |  |  |  |  |
| 40 | Open wound with embedded object |  |  |  |  |
| 41 | Open wound on the head  |  |  |  |  |
| 42 | Embedded object in eye |  |  |  |  |
| 43 | Internal Injury |  |  |  |  |
| 44 | Identification and treatment for Burns  |  |  |  |  |
| 45 | Scenario – Wound |  |  |  |  |
| Environmental & Climatic Skills |  |  |  |  |
| 46 | Measuring and Recording Climatic Data |  |  |  |  |
| 47 | Sling Psychrometer |  |  |  |  |
| 48 | Use of Heat Index and other charts |  |  |  |  |
| 49 | Identification and treatment of Heat Exhaustion |  |  |  |  |
| 50 | Identification and treatment of Heat Stroke |  |  |  |  |
| 51 | Identification and treatment of Hypothermia |  |  |  |  |
| 52 | Identification and treatment of Dehydration |  |  |  |  |
| 53 | Identification and treatment of Altitude Sickness |  |  |  |  |
| 54 | Lightening Guidelines |  |  |  |  |
| 55 | Scenario – Heat |  |  |  |  |
| 56 | Scenario – Cold |  |  |  |  |
| Head & Spinal Injuries Skills |  |  |  |  |
| 57 | Identification of Head/spinal Injury |  |  |  |  |
| 58 | In-line Stabilization Techniques |  |  |  |  |
| 59 | Use of various cervical collars |  |  |  |  |
| 60 | Spine Boarding an Athlete (no helmet/pads) |  |  |  |  |
| 61 | Spine Boarding an Athlete (with helmet/pads) |  |  |  |  |
| 62 | Removal of face-mask  |  |  |  |  |
| 63 | Removal of Football helmet |  |  |  |  |
| 64 | Removal of Shoulder Pads |  |  |  |  |
| 65 | Use of Pen Light |  |  |  |  |
| 66 | Cranial Nerve Assessment |  |  |  |  |
| 67 | Peripheral Nerve Assessment |  |  |  |  |
| 68 | Scenario – back |  |  |  |  |
| Medical Emergencies Skills |  |  |  |  |
| 69 | Identification/treatment of Hyperventilation |  |  |  |  |
| 70 | Identification/treatment of Diabetic Emergency |  |  |  |  |
| 71 | Identification/treatment of Abdominal Injury |  |  |  |  |
| 72 | Identification/treatment of Chest Injury |  |  |  |  |
| 73 | Identification/treatment of Seizures |  |  |  |  |
| 74 | Identification/treatment of Bites/Stings/etc. |  |  |  |  |
| 75 | Identification/treatment of Alcohol/Drug/poisons |  |  |  |  |
| 76 | Identification/treatment of Shock |  |  |  |  |
| # | Name/Description | Observations | Proficiencies |
| Medical Emergencies Skills (cont) | Obs. 1 | Obs. 2 | Prof  | Comp |
| 77 | Use of Epi-Pen |  |  |  |  |
| 78 | Assistance in Administering Asthma Inhaler |  |  |  |  |
| 79 | Scenario – diabetic |  |  |  |  |
| 80 | Scenario – internal injury |  |  |  |  |
| 81 | Scenario – anaphylactic situation |  |  |  |  |
| Emergency Action Plan Related Skills |  |  |  |  |
| 82 | Emergency Action Plans for Games and Practice |  |  |  |  |
| 83 | Emergency Equipment for Sidelines |  |  |  |  |
| 84 | Packing an Athletic Training Kit |  |  |  |  |
| 85 | On Field Evaluation of Acute Injury |  |  |  |  |
| 86 | Triage |  |  |  |  |
| 87 | Communication with Sports Medicine Team |  |  |  |  |
| 88 | Documentation of Emergencies |  |  |  |  |
| 89 | Critical Stress Management |  |  |  |  |
| 90 | Scenario – triage |  |  |  |  |
| Miscellaneous Skills |  |  |  |  |
| 91 | Identification/Treatment of Drowning Victim |  |  |  |  |
| 92 | Assistance with Spinal Injury in the Water |  |  |  |  |
| 93 |  |  |  |  |  |