



UPPER DIVISION FORM

Original copy signed by major and minor advisors must be filed with the Coordinator of Undergraduate Services (Analyst) for the College of Education and Behavioral Science two semesters before graduation.

Student name: (Last)		(First)		(MI)	ID#:	
Email address:			Phone #:		MTSU PO Box:	
Degree: Bachelor of Science		Major: Exercise Science		Minor(s):	Catalog: 2012	
COURSES REQUIRED				CREDIT HOURS	PROPOSED SUBSTITUTIONS - MUST SUBMIT SUB FORM FOR APPROVAL **	
						G R A D E
General Education Requirements	COMMUNICATION (9 hours)			9 hours		
	COMM 2200	Fundamentals of Communication				
	ENGL 1010	Expository Writing				
	ENGL 1020	Research & Argumentative Writing				
	HISTORY (Choose 6 hours)			6 hours		
	HIST 2010	Survey of US History I				
	HIST 2020	Survey of US History II				
	HIST 2030	Tennessee History				
	HUMANITIES &/or FINE ARTS (Choose 9 hours)			9 hours		
	One course must be in Literature as indicated by a * sign. The other two courses selected must be with different prefixes.					
	ENGL 2020	Themes in Literature and Culture *				
	ENGL 2030	The Experience of Literature*				
	HUM 2610	Foreign Literature in Translation *				
	ANTH 2210	Introduction to World Prehistory				
	ART 1030	Orientation to Art				
	ART 1910	Art History Survey I				
	ART 1920	Art History Survey II				
	DANC 1000	Dance Appreciation				
	HIST 1010	Survey of Western Civilization I				
	HIST 1020	Survey of Western Civilization II				
	HIST 1110	Survey of World Civilization I				
	HIST 1120	Survey of World Civilization II				
	MUS 1030	Introduction to Music				
	PHIL 1030	Introduction to Philosophy				
	THEA 1030	Theatre Appreciation				
	MATHEMATICS (Choose 3 hours)			3 hours		
	MATH 1010	Mathematics for General Studies				
	MATH 1530	Applied Statistics				
	MATH 1630	College Mathematics for Managerial, Social & Life Sciences				
	MATH 1710	College Algebra				
	MATH 1720	Plane Trigonometry				
	MATH 1730	Pre-Calculus				
	MATH 1810	Applied Calculus I				
	MATH 1910	Calculus I				
	NATURAL SCIENCES (Choose 8 hours)			8 hours		
	The two courses selected must be with different prefixes.					
	ASTR 1030/1	Exploring the Universe/Observing the Universe				
	BIOL 1030/1	Exploring Life				
	BIOL 1110/1	General Biology				
	BIOL 2010/1	Human Anatomy & Physiology I				
BIOL 2020/1	Human Anatomy & Physiology II					
CHEM 1010/1	Introductory General Chemistry I					
CHEM 1030/1	Chemistry for Consumers					
CHEM 1110/1	General Chemistry I					
CHEM 1130/1	Contemporary Issues in Science					
GEOL 1030/1	Introduction to Earth Science					
GEOL 1040/1	Physical Geology					
PHYS 1110	Discovering Physics					
PHYS 1130/1	Contemporary Issues in Science					
PHYS 2010/1	Non-Calculus-Based Physics I					
PHYS 2110/1	Calculus-Based Physics I					
PSCI 1030/1	Topics in Physical Science					

**** Any course substitution(s) must be approved on an MTSU Course Substitution form with appropriate advisor, department chair, and college dean signatures BEFORE being submitted to the Graduation Analyst.**

Student name: (Last)		(First)		(MI)	ID#:			
Degree: Bachelor of Science		Major: Exercise Science		Minor(s):		Catalog: 2012		
General Education Requirements (Cont'd)	COURSES REQUIRED		HOURS	G R A D E	PROPOSED SUBSTITUTIONS - MUST SUBMIT SUB FORM FOR APPROVAL **			
	SOCIAL/BEHAVIORAL SCIENCES (Choose 6 hours) The two courses selected must be with different prefixes.		6 hours		Course Prefix & Number	Sem Hrs	University where course was taken	Approval submitted?
	AAS 2100	Introduction to African-American Studies						
	ANTH 2010	Cultural Anthropology						
	ECON 2410	Principles of Economics, Macroeconomics						
	GEOG 2000	Introduction to Regional Geography						
	GS 2010	Introduction to Cross-Cultural Studies						
	HLTH 1530/1	Health and Wellness						
	JOUR 1020	American Media & Social Institutions						
	PS 1010	Foundations of Government						
	PS 2010	American Government and Politics						
	PSY 1410	General Psychology						
	SOC 1010	Introductory Sociology						
	SOC 2010	Social Problems						
WMST 2100	Introduction to Women's Studies							
Major Requirements	Wellness and Exercise Science		62 hours					
	NFS 2220	Nutrition for Health Sciences	3					
	NFS 3280	Sports Nutrition	3					
	BIOL 2010/1	Anatomy and Physiology I	4					
	BIOL 2020/1	Anatomy and Physiology II	4					
	ATHT 3580	Prevention and Care of Athletic Injuries	3					
	ATHT 3900/1	Human Structure and Movement	3					
	ATHC 4060	Sport Psychology	3					
	EXSC 3000	Introduction to Exercise Science	3					
	EXSC 3500	Exercise Technique and Leadership	3					
	EXSC 3830/1	Physiology of Exercise	4					
	EXSC 4000	Research in Exercise Science	3					
	EXSC 4010	Applied Research in Exercise Sci	3					
	EXSC 4230	Exercise Prescription & Program Pro.	3					
	EXSC 4240	Princ of Exer Assmnt for Healthy Pop.	3					
	EXSC 4260	Exercise Prescriptions for Special Pop.	3					
	PHED	Activity Course	1					
PHED	Activity Course	1						
EXSC 4250	Internship in Exercise Science and Health Promotion	12						
Minor and/or Electives			17 hours		A course <u>cannot</u> be used in both the major and the minor.			
					All MTSU students must have 120 hours to receive a degree.			
Major Advisor's Signature					Date			
Minor Advisor's Signature					Date			

Degrees require a minimum of:

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- (1) 120 semester hours with at least a 2.0 grade point average; 12 of the last 18 hours must be taken at MTSU - not transferred;
- (2) 42 upper-division hours (3000-4000 level courses) with at least a 2.0 grade point average;
- (3) 30 upper-division hours must be taken at MTSU - not transferred; and
- (4) 60 senior college hours (taken at a 4-year college).

In all instances, meeting the requirements for graduation is the responsibility of the student.

Remedial/Developmental courses do not count toward the 120-hour requirement or cumulative degree GPA.

Courses used to fulfill high school deficiencies can only be counted as ELECTIVE credit.

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An INTENT TO GRADUATE FORM must be filed with this Upper Division Form two semesters before graduation. To print an INTENT TO GRADUATE FORM go to <http://www.mtsu.edu/~records/sforms.htm> and choose INTENT TO GRADUATE FORM.