

**Accreditation** is the process by which a credentialing or educational program is evaluated against defined standards by a third party. When in compliance with these standards, it is awarded recognition.

**Professional or Personnel Certification Program**

* Assesses knowledge, skills, and/or competencies previously acquired
* Goal is to validate the participant’s competency through a conformity assessment system
* Assessment is best used to assure baseline competencies and to differentiate professionals; independent of a specific learning event
* Assessment content is usually broad in scope
* Awards designations to recognize achievement

**Approved Certifications in Exercise Science**

| **Organization Name** |  | **NCCA Accredited Programs** |
| --- | --- | --- |
| [Academy of Applied Personal Training Education](http://www.aapte.org/)(AAPTE) |  | Certified Personal Fitness Trainer (CPFT), Accredited through 3/31/2019 |
| [ACTION Certification](http://www.actioncertification.org/) (ACTION) |  | Certified Personal Trainer (CPT), Accredited through 1/31/2019 |
| [American College of Sports Medicine](http://www.acsm.org/) |  | ACSM Certified Personal Trainer (CPT), Accredited through 8/31/2016 ACSM Certified Health Fitness Specialist (HFS), Accredited through 8/31/2016 ACSM Registered Clinical Exercise Physiologist (RCEP), Accredited through 8/31/2016 ACSM Certified Clinical Exercise Specialist (CES), Accredited through 8/31/2016 |
| [American Council on Exercise](http://www.acefitness.org/) (ACE) |  | Certified Medical Exercise Specialist (ACE-CMES), Accredited through 10/31/2018 Group Fitness Instructor (ACE-GFI), Accredited through 10/31/2018 Health Coach Certification (ACE Health Coach Certification), Accredited through 10/31/2018 Personal Trainer (ACE-CPT), Accredited through 10/31/2018 |
| [Collegiate Strength and Conditioning Coaches association](http://cscca.org/) (CSCCa) |  | Strength and Conditioning Coach Certified (SCCC), Accredited through 2/28/2019 |
| [International Fitness Professionals Association](http://www.ifpa-fitness.com/)(IFPA) |  | International Fitness Professionals Association Personal Fitness Training Certification (IFPA - PFT), Accredited through 11/30/2019 |
| [National Academy of Sports Medicine](http://www.nasm.org/) (NASM) |  | Certified Personal Trainer (CPT), Accredited through 11/30/2016 |
| [National Council on Strength and Fitness](http://www.ncsf.org/) (NCSF) |  | National Certified Personal Trainer (NCSF-CPT), Accredited through 3/31/2020 |
| [National Exercise and Sports Trainers Association](http://www.nestacertified.com/)(NESTA) |  | Personal Fitness Trainer (PFT), Accredited through 1/31/2019 |
| [National Exercise Trainers Association](http://www.netafit.org/) (NETA) |  | Certified Personal Trainer (NETA-CPT), Accredited through 7/31/2017 Certified Group Exercise Instructor (NETA-CGEI), Accredited through 7/31/2017 |
| [National Federation of Professional Trainers](http://www.nfpt.com/) (NFPT) |  | Certified Personal Fitness Trainer (CPT), Accredited through 1/31/2017 |
| [National Strength and Conditioning Association](http://www.nsca.com/) (NSCA) |  | Certified Personal Trainer (NSCA-CPT), Accredited through 4/30/2018 Certified Strength and Conditioning Specialist (CSCS), Accredited through 4/30/2018 Tactical Strength and Conditioning-Facilitator (TSAC-F), Accredited through 7/31/2020 |
| [Pilates Method Alliance](http://www.pilatesmethodalliance.org/) (PMA) |  | PMA Certified Pilates Teacher (PMA-CPT), Accredited through 4/30/2017 |
| [PTA Global, Inc.](http://www.ptaglobal.com/) (PTA Global, Inc.) |  | Personal Training Academy Global Certified Personal Trainer (PTA Global CPT), Accredited through 8/31/2019 |
| [The Cooper Institute](http://www.cooperinst.org/) (CI) |  | Personal Trainer Certification (CPT), Accredited through 11/30/2016 |