

The Two Required SLOs for all EXL Courses

Students will:

1. Develop an experience-based knowledge of their disciplines
2. Engage in systematic critical reflection

Value of Reflection

“We do not learn from experience... we learn from reflecting on experience.”

— [John Dewey](#)

NSEE Eight Principles of Good Practice for All Experiential Learning Activities

4. Reflection: Reflection is the element that transforms simple experience to a learning experience. For knowledge to be discovered and internalized the learner must test assumptions and hypotheses about the outcomes of decisions and actions taken, then weigh the outcomes against past learning and future implications. This reflective process is integral to all phases of experiential learning, from identifying intention and choosing the experience, to considering preconceptions and observing how they change as the experience unfolds. Reflection is also an essential tool for adjusting the experience and measuring outcomes.

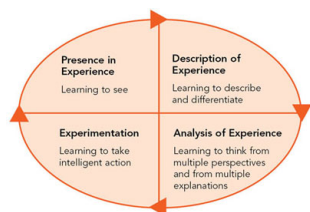
Connect to Learning Project

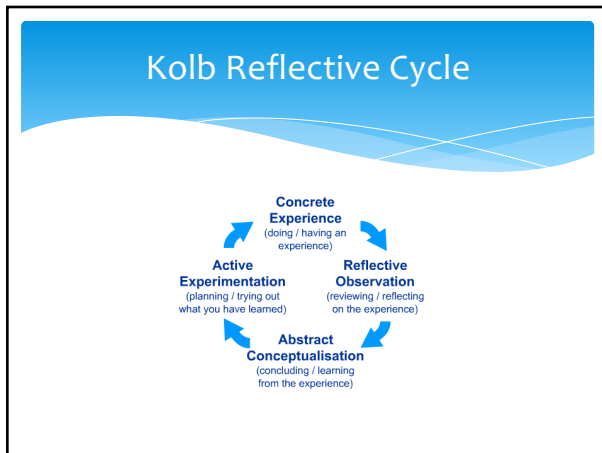
"Reflective learning is a process used to make sense of new experiences in relation to the individual, his or her environment, and a continuum of previous and subsequent experiences."

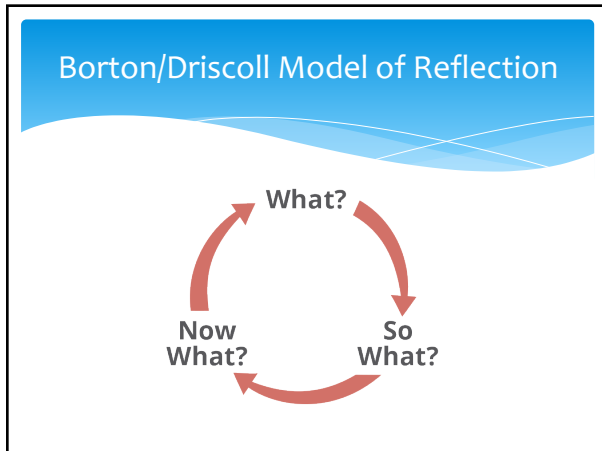
Goals of Reflection

- * Connects experiences in a course
- * Connects experiences across courses, semesters, and disciplines
- * Builds connection among academic, co-curricular, and lived experiences

Carol Rodgers Reflective Cycle SUNY Albany



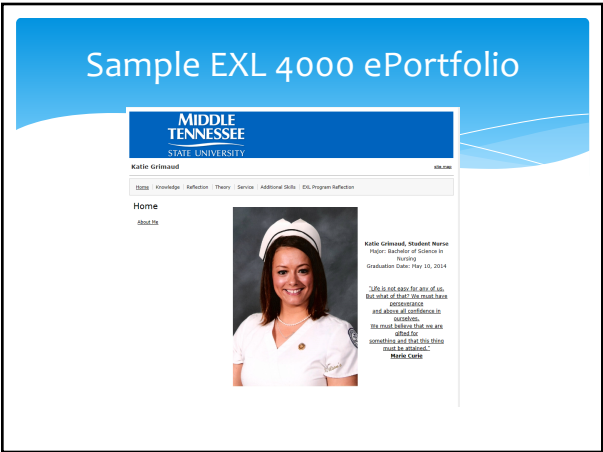




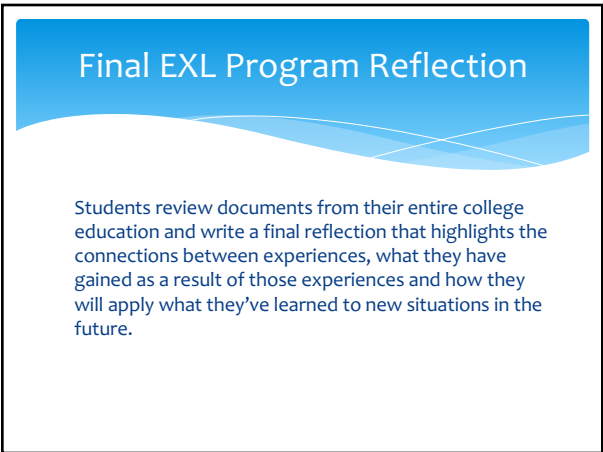
Reflection Rubric

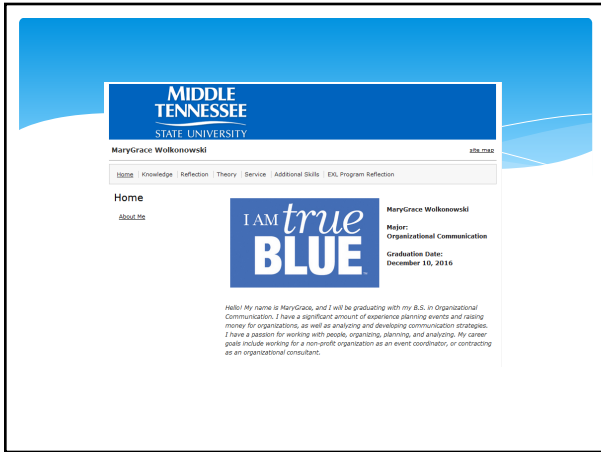
Students will engage in systematic reflection and demonstrate the ability to critically examine their experiences and to create connections between those experiences and disciplinary knowledge.

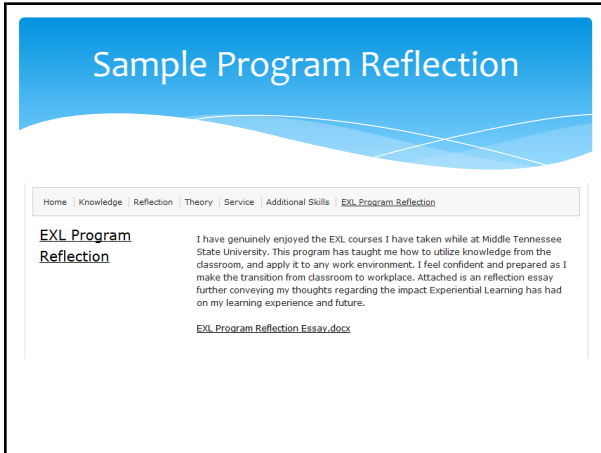
- * Engages in systematic reflection
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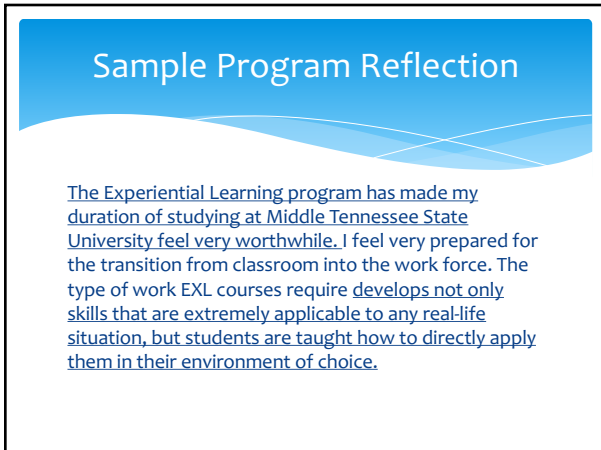












Sample Program Reflection

I learned a great deal both academically and personally through the Experiential Learning program. I knew I had a passion for working with people, but EXL helped me to confirm this passion. The majority of EXL courses I took were through the Organizational Communication major, which focuses on communication within an organization. I was able to perform service and accumulate work experience with various non-profit organizations in positions I would consider for my future. This allows me to see what aspects I enjoy and dislike in a non-profit setting, ultimately aiding in determining the path for my future.

Sample Program Reflection

These experiences have prepared me for my future in many ways. I now know what working for a non-profit looks and feels like, what it will require of me, and what types of skills are necessary to excel in that field. Taking concepts learned in a classroom setting, then directly applying them in a work environment has shown me how to adapt theoretical knowledge and turn it into action. I have already been presented with opportunities that have stemmed from work I completed because of this program. I am confident that those opportunities will only grow, and propel me to be successful in whatever career I choose.

Questions ???

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