



# FALL 2019 TRIPS AND CLINICS

	DATE	TRIP / CLINIC	LOCATION	COST
<b>SEP</b>	11,18,25	Kayak Skills Clinic	Indoor Pool	Free
	7	Food Truck Picnic	Centennial Park, Nashville	\$5
	8	SUP & Kayak	Duck River, TN	\$15
	10	MTOP Climb Night	Climb Murfreesboro	\$5
	13	Full Moon Canoe	Normandy Lake, TN	\$15
	14	White Water Kayak	Hiwassee River, TN	\$20
	20	Hike	Rutledge and Machine Falls, TN	\$12
	21	Canoe	Caney River, TN	\$15
	28	Climb & Waterfall Hike	Obed, TN	\$15
<b>OCT</b>	2,9,16,23,30	Kayak Skills Clinic	Indoor Pool	Free
	5	Pumpkin Fest & Farmer's Market	Nashville	\$5
	6	Mountain Bike	Cane Ridge, TN	\$12
	11-14	Climb, Hike & Camp	Red River Gorge, KY	\$60
	19	Hike	Buggy Top, TN	\$12
	19	Climb (Faculty & Staff only)	Foster Falls, TN	\$20
	26-27	Glamp, Hike & Stargaze	Big South Fork, TN	\$30
<b>NOV</b>	6,13,20	Kayak Skills Clinic	Indoor Pool	Free
	2	Hike	Fall Creek Falls	\$12
	12	Backpack Skills Clinic	Outdoor Equipment Center	Free
<b>JAN</b>	14-19	Winter Break Ski Trip	Steamboat Springs, CO	\$850*

\*Subject to change



**SIGN UP!** Register online at [bit.ly/MTSUmtop](https://bit.ly/MTSUmtop).

Non-student pricing varies. Check online when registering.



Events subject to weather. Check updated schedule online or on social media.



# OUTDOOR PURSUITS

**Middle Tennessee Outdoor Pursuits (MTOP)** is all about bringing people together and sharing our love of outdoor recreation with others! We know that a lot of you have never done the activities that we offer, and our experienced staff have you covered! Whether you are renting gear from our rental shop or coming on a trip for the first time, we will make sure that you are safe, have a blast, and learn new skills.

## ADVENTURE TRIPS

We offer beginner-friendly trips that include camping, hiking, backpacking, climbing, caving, rafting, mountain biking, kayaking, stand-up paddleboarding, skiing, and snowboarding throughout the year! Day, weekend, and week-long trips include activity-related equipment, transportation, and experienced trip leaders.

## OUTDOOR EQUIPMENT RENTAL

The OER has everything you need for your backpacking, camping, kayaking, mountain biking, canoeing and stand-up paddleboarding needs. Rentals are available for everyone as you don't have to be affiliated with MTSU to rent equipment. When you rent from the OER, you also get advice from experienced MTOP staff that are available as a resource for your trip.

## MINI CLINICS

One of our primary goals at MTOP is to teach people new outdoor skills that you can use on your own or put your new skills to use on our trips. A few clinics that we offer include introduction to backpacking and mountain biking, kayak rolling, and outdoor cooking clinics.

## BIKE SHOP

Whether you are an avid cyclist or a beginner, we can help you with information, gear, or repair. The Bike Shop hosts numerous free safety rides and workshops each semester. You can also rent commuter bicycles for \$35 per semester, which include a helmet and lock.

## ROCK CLIMBING WALL

The wall is open during the fall and spring semesters and is a great place to meet new friends! Let our staff know if you would like to get belay certified and we can schedule time to teach you.

