



## MTSU Joys of the Season

# STAMPED FLOUR CLAY ORNAMENT WITH HAIKU

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### Ingredients

- 2 cups of non-rising flour
- 1 cup of salt
- 1 cup of water
- 1½ tablespoons of oil
- ¼ cup flour for coating surfaces

### Supplies

- Mixer (or hand mix)
- Large bowl for dough mixture
- Parchment paper
- Rolling pin
- Cookie sheet
- Air-tight storage container or gallon-size sealable storage bag
- Chopstick or dowel
- Cookie cutters and/or stamps
- Dinner knife
- Medium and fine-tip paintbrushes
- Paint: Acrylic paints, craft paints (such as Folk Art brand), and/or paint pens (such as Sharpie)
- Mod Podge Gloss (optional sealer)
- All-purpose glue or tacky glue (optional)
- Glitter (optional)
- Flatback crafting rhinestone gems (optional)
- Gift tags
- Pen

### Recipe Directions

1. Mix 2 cup flour and 1 cup salt. Blend in 1 cup water and 1½ tablespoons of oil.
2. Continue to mix to form an even dough consistency.

### Directions to Form the Ornaments

1. Sprinkle a tablespoon of flour on the parchment paper to prevent dough from sticking.
2. Grasp an orange-sized ball of dough.
3. Knead the dough into a smooth ball form. If the mixture is too dry add a few drops of water. If it is too moist sprinkle in some flour.
4. Partially flatten the dough with hands to prepare for rolling.
5. Brush on a thin layer of flour to the dough, stamp, and rolling pin surfaces to prevent sticking.
6. Roll the dough to an even ¼ inch thickness.
7. Select a cookie cutter, stamp, and/or handmade stencil to form the ornament's design.
8. Use a knife to form a stamped ornament form, if not already cut with a cookie cutter.
9. Cut away excess dough from the ornament.
10. Press the end of the chopstick or dowel near the top of the ornament to pierce through the dough and create a space for hanging.
11. Repeat steps 1-10 to make as many ornaments as desired.

## Baking Directions

1. Preheat oven at 300–350 °F
2. Place dough ornaments on parchment paper on a cookie sheet.
3. Bake for 30–60 minutes to remove all of the dough’s moisture.
4. Remove hardened ornament forms from the oven and allow to cool.

## Decorating Directions

1. Use paint to create a base coat. Paint all of the ornament (front, back, and sides) to seal the form. Start by painting the ornament’s back and sides and allow them to dry. Then paint the front of the ornament and allow it to dry.
2. Add paint layers to create a rich, painted surface. Allow each layer to dry before adding a new layer.
3. Brush on a layer of Mod Podge Gloss to the finished painted ornament for additional sealing (optional). Start by painting the ornament’s back and sides and allow them to dry. Then paint the front of the ornament and allow it to dry.
4. Use glue to adhere optional glitter and/or flatback crafting rhinestone gem decorations and allow the glue to dry fully.
5. Write a seasonal haiku poem on the selected gift tag that matches the ornament. The haiku has a 5-7-5 syllable form.  
The first line has 5 syllables of text.  
The second line has 7 syllables of text.  
The third line has 5 syllables of text.
6. Tie on the ornament using the hole at the top of the ornament to produce a finished ornament.

## Extra Dough Storage

Extra moist dough can be stored in an airtight container or storage bag in the refrigerator for up to 5-7 days. Bring to room temperature before creating additional ornaments.

Recipe from Dr. Sickler-Voigt’s textbook *Teaching and Learning in Art Education: Cultivating Students’ Potential from Pre-K through High School*®.

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