

BE THE POWER OF ONE

Building a Safe Community



The Power of
ONE
Direct. Distract. Delegate. Delay.



MTSU Power of One empowers students to take a stand and address power-based violence through bystander intervention. Every Blue Raider has the power to make our campus a safer place; Each of us has the opportunity to be the Power of One.

The Four D's of Intervention

When you see a potentially unsafe situation . . .

Direct Step in and address the situation directly.

Example: "That's not cool. Please stop." or "Hey, leave them alone."

Distract Create a distraction to suppress the situation.

Example: "Hey, aren't you in my Spanish class?"

Delegate Find someone who can help you intervene.

Example: You could contact an R.A., a campus police officer, or a faculty or staff member.

Delay It may be best to delay any action for a few minutes.

Example: If you are in a group, you could delay your intervention by asking the person to use the restroom with you.



MTSU - No Closed Door

To talk to someone immediately during a crisis

Sexual Assault 24-hour crisis line, (615) 494-9262 •
Domestic Violence 24-hour crisis line,
(615) 896-2012 •

To talk to someone confidentially

MTSU Sexual Assault Advocate •
Miller Education Center, 503 East Bell St.
(615) 715-2870

MTSU Counseling Services •
Keathley University Center, Room 326-S
(615) 898-2670

MTSU Counseling and Psychological Services •
Miller Education Center, 503 East Bell St.
(615) 898-2271

To receive STI or pregnancy testing

MTSU Student Health Services •
Health, Wellness, and Recreation Center
(615) 898-2988

• Confidential Resource Δ Not Confidential

To receive medical treatment or rape kit

Domestic Violence and Sexual Assault Program •
1423 Kensington Square Court
24-hour crisis line: (615) 494-9262

St. Thomas Rutherford Hospital (SART Program) •

1700 Medical Center Parkway
615-396-4100

To report an incident to the university

Title IX Coordinator Δ
Cope Administration Building, Room 116
<https://www.mtsu.edu/titleix> or (615) 898-2185

To report an incident to the police

MTSU Police (615) 898-2424 Δ
Murfreesboro Police (615) 893-1311 or 911

To receive academic accommodations

Disability Access Center (615) 898-2783 Δ
Keathley University Center, Room 107

Other resources

MTSU Student / Judicial Affairs (615) 898-2440 Δ