Susan Myers-Shirk earned her undergraduate degree in History at Messiah College and her master's and Ph.D. in History from Pennsylvania State University. She has been a faculty member in the History Department at MTSU since 1994 and has taught countless General Education courses in History during that time.

Myers-Shirk served as the General Education director for the History Department for four years, has been the University-wide director of General Education since 2017, and will oversee the General Education redesign process for the True Blue Core from start to finish in that capacity. Myers-Shirk is a published author of Helping the Good Shepherd, Pastoral Counselors in Psychotherapeutic Culture, 1925–1975.

She has been the recipient of the MTSU Outstanding Achievement in Instructional Technology Award; Visiting Fellow (2007–08); Center for the Study of American Religion (spring 1998); Princeton University Faculty Fellow (1997–98); and Pew Program in Religion and American History, Yale University.

Myers-Shirk and her husband, David, hail from Pennsylvania originally but are true Tennesseans now, with both devoting the majority of their careers with the state. They enjoy the outdoors life of camping, hiking, and spending time with friends and their dog Baxter.