

## Enneagram Worksheet



- 1) My Type: \_\_\_\_\_
- 2) My Wing: \_\_\_\_\_
- 3) My type moves to \_\_\_\_\_ in **growth**.
- 4) My type moves to \_\_\_\_\_ in **stress**.

Information about my type:

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Website: <https://www.enneagraminstitute.com/type-descriptions>

Test Website: <https://www.eclecticenergies.com/enneagram/dotest>